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USAGE OF THE ART IN THE REFLEXIVE WORKSHOP

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The form of the reflexive workshop realises /if there is realisation the theoretical conception of the psychology of reflexion about the mechanism of the creative process in practical psychological work.

According to these concepts of the procedures of the workshop which is aimed to increase the creative potential of the really existed group joined by the necessity to solve the creative problems /which often concern their profession/, they think one of the main things is the appealing to the personal grounds of the activity. The procedures aim is to find and discredit these stereotypes which one man got in a former experience and which at the present moment become an obstacle in solving new problem. Among the majority of methods used in the workshop one of the most important method of influence on a personality is art.

The usage of the pieces of art in the workshop in the form of their demonstration and further discussion create the context of a group work in the form of explicated personal meanings /often of a personal character/. Intercrossing of the different meanings made by members of the group and the main task - solution of the real creative problem allows us to find the relations between the personal grounds and the personal ability to solve the creative problems, between concrete nonadequacy of some members of the group and nonadequacy of the whole group to the problem's level.

Depending on professional strata of the group and according to this on the character of the group's problem there are some peculiarities of usage of the art in workshop:

a/ in the group of artists /f.e. staff of a theatre which faces the problem of the theatre's well-beeing in the situation of decreasing of the government financial help/ appealing for the piece of art becomes the problem of public displaying of the real creative level which does not depend on official things /title, status/. It creates the possibility to appreciate adequately oneself, allows to pretend one's own function in the group, creates the reasons for removing on new levels of the work.

b/ in the groups of teachers who decided to change their profession and to be psychologists /widely known movement in the Ukraine/ the piece of art which appeals to the existed things allows to express the participants' ability to work with such problems as professionally imported qualities. These pieces of art allow psychologists to find and discredit some professional teacher's stereotypes /f.e. simplicity of the appreciation of a human being from the point of view of moral dogma/. It allows to present new values as a necessary basis for becoming proficient in new profession, f.e. the value of any quality of a human being, the value of one's own personality as a method in professional activity of a psychologist etc.

c/ in the group of psychologists- leaders of the workshop the art is used as a method of intellectually fullfilled leisure and as a method of reaching emotional balance. It also serves as a material for perfect technology of holding the reflexive workshops.