

THE ONTOLOGY OF REFLECTION

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While analyzing the ontological aspect of different conceptions of reflection studying, it is possible to underline the row of unvariant moments, which help to find the phenomenon of reflection: 1) difficulty; 2) sources in subject and subjective purposefulness; 3) time. The fulfilment forms of reflection are different. As investigations accumulate the borders of the phenomenon become wider: from the given in obvious form (on the pretext of detailed act of reflection) to reflection on the pretext of essential human methods (of speech) in a system of social relation and technique of emotional regulation (religious, rituals, cultural analogies, etc.). The primary act of reflection is a choice of regime of the consciousness: expulsion of yourself from difficulty or the finding of forces to think about and to overcome it in yourself. Reflection is a conscious selfappraise and voluntary putting of yourself in condition, which allows to experience the world in a special private point of view. The indicator of simultaneous fulfilment of reflective acts and value solidity determines the different levels of reflection. It is possible to underline three levels in the genesis of reflection: the formation of reflective act, reflective ability and reflection as a style of life.